



Potential Ways to Contrive MO's for Action Mand

Blow

- To blow soap bubbles
- To blow bubbles in water using a straw
- To blow air into learner's face
- To blow paint across a piece of paper using a straw
- To blow across a soda bottle to produce a sound

Bounce

- To bounce on a therapy ball
- To bounce a small rubber bouncy ball
- To bounce on a rocking horse
- To bounce on a bed

Catch

- For therapist to catch a ball
- For therapist to catch a balloon
- For therapist to catch the learner as he jumps down from a surface

Chase

- For therapist to run after the learner
- For therapist to chase the learner in a toy car or bike

Close

- To close a door
- To close a gate
- To close the doors on the Cranium Cariboo™ game
- To close the car doors
- To close the curtains to make the room dark
- To close the door of the microwave or oven while making a preferred food

Crawl

- To crawl through a tunnel
- To crawl on/through playground equipment
- To crawl under a trampoline or table
- To crawl across a sheet of bubble wrap
- To crawl in a sandbox

Cut

- To cut paper with scissors
- To cut putty or clay
- To cut a preferred food
- To cut open a bag or box with a favorite item inside

Dance

- For therapist to dance with the learner
- For the learner to make various toys dance

Dig

- To dig to the bottom of a ball pit
- To dig in the dirt
- To dig in sand
- To dig through a box of dry rice

Draw

- For therapist to draw various figures or characters
- To draw with markers, crayons, or chalk
- To draw with dry erase markers on a window or mirror
- To draw with his finger in shaving cream or finger paint
- To draw with his finger in the condensation on a bathroom mirror or car window
- To draw on Aquadoodle™ mat
- To draw on Jammin' Draw™ toy

Fix

- For therapist to fix a broken toy
- For therapist to fix a train track that has come apart

Fold

- To fold paper during craft activities
- To fold a blanket up into different shapes
- To fold a blanket while learner is inside it to cover him/her up

Hide

- For therapist to hide so that the learner can find her (Hide & Seek)
- For therapist to hide items for the learner to find (Easter Egg hunt, toys hidden in putty or rice)



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Hit

- To hit various items with a bat
- To hit various items with a fly swatter
- To hit a drum
- To hit or be hit with a pillow (pillow fight)

Hug

- To give/receive hugs from a therapist, family member, or peer
- To receive deep pressure "bear hugs"

Kick

- To kick a ball across the floor
- To kick down a target
- To kick a ball into the air (i.e. punt)
- To kick a balloon
- To kick his feet in a ball pit
- To kick and make splashes in a pool or bathtub

Jump

- To jump on trampoline
- To jump on bed or couch
- To jump on therapy ball
- To jump into a pool
- To jump into a ball pit
- To jump off of a step
- To jump down from a curb or balance beam

Open

- To open a bag or box with a reinforcer inside
- To open a door
- To open the doors on the Cranium Cariboo™ game
- To open a food item
- To open refrigerator door

Play

- To play a movie or CD
- To play a game

Pop

- To pop a balloon
- To pop bubble wrap
- To pop bubbles

Pour

- To pour a preferred drink
- To pour water, sand, or rice from one container to another

Pull

- To be pulled in a wagon
- To be pulled across the floor in a blanket
- To pull a door open
- To pull the string of a helium filled balloon down to a level where he can reach it
- To pull the lid off of a container of food

Push

- To be pushed on a swing
- To be pushed down the slide
- To push a tape into the VCR
- To push buttons on a toy, remote control, or book with sound effects
- To push a door open
- To get therapist to push pillows onto his back for deep pressure

Read

- To look at a book
- For therapist to read aloud

Rewind

- To rewind a song or movie

Rip

- To rip pieces of newspaper or tissue paper
- To rip pieces of clay or putty

Roll

- To roll a ball across the floor towards a target
- To be rolled up in a blanket
- To roll down a hill
- To lie across therapy ball and roll on stomach
- To lie on floor on his stomach while therapist rolls therapy ball across his back for deep pressure

Run

- To run alone or with therapist



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Scoop

- To scoop sand, water, or other materials using a cup or spoon
- To scoop ice cream out of a container

Shake

- To shake a parachute or blanket with balls on top of it
- To have therapist shake a blanket over him/her while he lies on the floor
- To shake toys that make noise
- To shake a snow globe
- To shake a stick with a ribbon tied to it

Shoot

- To shoot a disc gun
- To shoot a water gun
- To shoot a dart gun
- To shoot a cap gun

Sing

- To get therapist to sing a song
- To get therapist to make a puppet or toy sing a song

Sit

- To sit on a favorite chair or couch
- To sit on a swing
- To sit on the floor
- For therapist to sit with learner

Spin

- To spin a top
- To spin a coin
- To spin on a Sit 'n Spin™
- To spin on a scooter board
- To spin on a swing
- For therapist to hold learner and spin him around

Spread

- To spread condiments onto food
- To spread glue onto paper

Squeeze

- For therapist to squeeze him/her for deep pressure
- To squeeze paint, glue, etc. out of a bottle
- To squeeze a water balloon, stress ball, or other textured item

Stand

- For therapist to stand up
- For therapist to help learner stand up

Stir

- To stir food coloring or glitter into water
- To stir during a cooking activity
- To stir chocolate into milk, Koolaid into water, or iced tea mix into tea

Stop

- To stop a CD or movie at the desired place

Throw

- To be thrown in a pool
- To be thrown on the couch
- To throw toys into water
- To throw balls at a target

Tickle

- For therapist to tickle learner

Tie

- To tie learner's shoe
- To tie a balloon after blowing it up

Turn

- To turn a vehicle in a different direction
- To turn around after running in one direction
- To turn over a piece of paper

Turn down (volume)

- To turn down volume on VCR, radio, etc.

Turn up

- To turn up volume on VCR, radio, etc.



Potential Ways to Contrive MO's for Action Mands

Twist

- To twist open a bottle of glue
- To twist open a twist-tie on a bag of food
- To twist the chains of a swing to make it spin

Walk

Wipe

- To wipe a dry erase board or chalkboard
- To wipe clean a toy that is dirty
- To wipe hands clean
- To wipe food or face paint off of face
- To wipe a substance such as shaving cream or paint off the table

Write

- To write with chalk on a chalkboard or sidewalk
- To write with markers on a dry erase board
- To write letters in shaving cream
- To write letters in clay using a knife
- To write letters on balloons with a permanent marker